



Del Aire Defender

Del Aire Neighborhood
Watch Association

May 2008

Publishing over 1700 copies a month

DANWA Officers & email for patrol and newsletter

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Work 677-2443 Pager 556-7956

From your President:

Hello everyone,

It looks like spring has arrived. That means it is just about time to start those vacations and long weekend trips. I just wanted to remind everyone about the home watch available on the DANWA web site at www.danwa.org. This lets the watch group patrollers know that you are gone, what dates you will not be home and any vehicles that will be parked at the residence. If you do not want to use the online version, you may also contact Rex Warlick or James Standfill with this information. Our phone numbers are listed here on the front page of the newsletter. If you do not want to use this service then at least let a neighbor or friend know you are gone and have them watch your home. Also try to make your home appear lived in while away by putting lights on timers, having someone mow your yard and stop your news paper and mail or have someone pick these items up.

If you haven't noticed, they have started clearing the land south of I-40 at Sooner Road, for the new shopping center. Also, construction on the memorial at Sooner and Del Aire is progressing rapidly in preparation for the dedication on May 10th at 2:00 PM. And if you haven't heard, we will be getting a new Police and court building to be built at 4517 SE 29th St. The design and architect work will begin soon.

I want to pass along some information that I recently received about a health center opening in our area. The Mid-Del Community Health Center is a **FREE** community health center that will be opening after MAY 1st. The health center will be located at the Bryant Avenue Baptist Church at 4748 S. Bryant. The center will offer **FREE medical treatment and prescriptions** to persons that do not have health insurance. The center will start out being open 1 day a week and expand operations as needed. More information will follow as I get it. The clinic is also looking for medical and non-medical volunteers to help staff the clinic. If you can help, contact Fraye Nellums at frayef@cox.net.

One last item. I hope everyone removed their downed tree limbs and brought them to the free dump last month. One reason is, there will not be another free dump until October and the other is that the City Code Enforcement inspectors will be looking for yards that have not been cleaned of the limbs. This could result in a letter from the city to comply or possibly clean up by the city at a very steep cost.

James Standfill 677-2333

danwapres@flash.net

The Web Site is up and working,
check out the information
available at your finger tips!!!
www.danwa.org

Dates to remember:

1. DANWA General Meeting will be at Calvary Christian Church in the annex just north of the church, 3900 Epperly Dr. at 7:00 pm, second Monday of the month.
2. CERT General Training Meeting, at 7:00 pm, Del City Community Center, second Tues day of the month.
3. Patrol Meeting, at 7:00 pm, Del City Court house, third Thursday of the month.

A reminder to everyone, if you see something that doesn't look right, call the POLICE. If you see someone speeding up and down your street, call the POLICE. If you see someone breaking in to a house, call the POLICE. DANWA is not a policing organization, we are here to help thwart crime and be eyes and ears for the police but the **first action anyone should take is to call the POLICE—FIRST** if it is an emergency, call 911, if it is information or to report a car speeding and you have his tag number, call 672-2443 **CALL POLICE FIRST...**



Happy Anniversary??

Happy Birthday ??

Need Block Captains for:

Holliday from 31st to 37th

Call Ron 677-7923 for details.

Del Aire from Sooner to Del View.

Call Steve 670-2878 for details.

Help help help help help

We need you, within our neighborhood watch, to help

distribute the newsletter.

Good exercise once a month.

Our thanks to the block captains who distribute the newsletters each month. Our intent is to get them out before or on the first week of the month. It's a minor job but one that is certainly appreciated in order to get the information out to all the people who read the newsletter. Thanks very much block captains!!!

April General Meeting Highlights

- The 12 members present were welcomed to the meeting. The Treasurer's report and Crime Stats were reviewed.
- Under old business: The committee for the get together is still looking at locations for the event.
- The superballs for the parade have been ordered.
- Under new business: There was no new business.
- The door prize was won by Frank Jones.



DANWA area Crime Statistics

March 2008

Prowler = 0 (0)

Parking Complaint = 5 (2)

41xx ANGELA DR	03/30/2008	18:50
44xx S SOONER RD	03/25/2008	09:34
45xx SE 37 ST	03/22/2008	13:46
48xx DEL VIEW DR	03/22/2008	13:12
48xx DEL VIEW DR	03/08/2008	12:56

Vandalism = 10 (6)

30xx S VICKIE (S) DR	03/30/2008	13:46
44xx EPPERLY DR	03/30/2008	12:50
48xx KRISTIE DR	03/11/2008	16:09
48xx DEL AIRE DR	03/11/2008	15:35
47xx RIDGEWAY DR	03/11/2008	08:39
47xx RIGEWAY	03/11/2008	08:22
48xx KRISTIE DR	03/09/2008	13:07
47xx RIDGEWAY DR	03/06/2008	22:45
48xx KRISTIE DR	03/01/2008	23:45
33xx S SUNNYLANE RD	03/01/2008	18:00

Larceny = 3 (5)

47xx RIDGEWAY DR	03/31/2008	18:24
43xx SE 38 ST	03/24/2008	19:23
47xx SE 29 ST	03/03/2008	10:56

Residential Burglary = 3 (3)

47xx RIDGEWAY DR	03/26/2008	22:07
44xx SE 37 ST	03/20/2008	01:26
48xx KRISTIE DR	03/12/2008	16:35

Robbery/Extortion = 2 (0)

46xx SE 33 ST	03/22/2008	20:24
42xx S SUNNYLANE RD	03/05/2008	09:29

Stolen Vehicle = 1 (1)

44xx SE 40 ST	03/12/2008	22:20
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Auto Burglary = 8 (2)

45xx SUNNYVIEW DR	03/30/2008	11:54
32xx EPPERLY DR	03/25/2008	16:37
30xx DEL VIEW DR	03/23/2008	11:12
30xx DEL VIEW DR	03/21/2008	08:49
39xx HARTLINE DR	03/21/2008	03:59
44xx EPPERLY DR	03/08/2008	00:21
42xx LAMAR DR	03/06/2008	08:56
40xx S SUNNYLANE RD	03/01/2008	16:38

() = Prior months count

One of our gracious readers writes

What wonderful work our Del City Police do on a daily basis. They don't get enough credit for the work they do. I would like to thank them for putting their lives on the line for all of us. Dora



Don't forget the Armed Forces Day parade on May 10th at 10:00 am. Following later that day, 2pm there will be the dedication ceremony of the memorial on Sooner—it would be nice to see a gigantic host of people from our area attending this ceremony in memory of those lost in the 1999 tornado. Your presence will certainly be welcomed.

=====

If you missed the Passion Project this year, plan to attend next year. This play is really one to see. It is amazing what a little live action will allow your heart realize. Thanks to the folks who took the time to prepare and participate in making this play something special to see.

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5/09

DANWA says **HELLO** and **WELCOME** to our new neighbors. We want you to know we appreciate your coming in to our neighborhood. TO learn more about DANWA, contact one of the officers or a member. Again, **Welcome to our Neighborhood.**

For Sale: Excellent quilting frame, great shape, and a partial quilt or "quilt in process" included.

\$50.00 phone 672-0409

Del City Council approves plans to build police station.

Information regarding a long overdue (in my opinion) police station was provided last month. Plans are under way to build a new police station and turn the current station into a senior center.

City council members approved a contract with JGVE Engineering Inc. to design the new police department. City officials said they hope deconstruction can begin within a year.

The new station will be named the William Haskell Keith Memorial Police Building to honor the only Del City police officer who died in the line of duty. Keith died in 1965 in a car crashing during a pursuit.

City Manager Mark Edwards said the new station will be built at 4517 SE 29th on property adjacent to city hall. He said plans include eventually demolishing the current city hall and building a new one at a location to be determined.

Edwards said the station will be built with a \$3 million bond deal, backed by sales tax revenue. With current and projected tax collections, the bond debt should be paid within three years, he said.

The existing police department was built in 1948 as a city hall.

The building will likely be two-story with detective and administrative offices on top and patrol, dispatch and municipal court divisions on the main floor. It will be 1,500 to 2,000 square feet, with ample room for parking, he said.

"It's going to be twice the size as our building now, Our space is so limited that on court days people are lined up out the door."

Parents, please remind your children that the street is for cars, not playing.

Speaking of playing in the streets, we are seeing more portable basketball goals in the street and up along the curb. Del City Code of Ordinance specifically addresses basketball goals:

Section 19-12: It shall be unlawful for any person to erect, construct, place or cause a basketball goal to be placed, permanently or temporarily, upon a city street or sidewalk, or closer than ten (10) feet to the curb line of a city street.

Your help will be appreciated and it might even save a life or two.



This report was written by, Jennifer Hendricks as an English assignment. Jennifer is a Sophomore in Owasso High School. I find it interesting and very informative.

Narcotic Awareness In Our World

Where did the word narcotic come from? What do most people think of when they hear the word 'narcotic' mentioned? There are many urban definitions for the word narcotic, all of which say pretty much the same thing. The term narcotic is derived from the Greek word for stupor, as referred from Greek Dictionary; when translated into Ancient Greek it is Kataplixi or Narki, depending on which verb tense is being used at that time. Both of them meaning: a variety of substances that dull the senses and relieve pain. When most people think of narcotics, it's not such a positive subject. Narcotics may be known as one of the most abused substances for the past forty years, but they still do good things. In order to understand how narcotics affect someone's body they have to know that to affect the body all it is really doing is hurting the brain. Here's how it works:

In a typical synaptic gap two neurons get close, but do not touch. The space left in between the neurons is called the synaptic gap. The neuron in the front is called the presynaptic neuron, then the neuron in the back is called the postsynaptic neuron. When the presynaptic neuron wants to tell the postsynaptic neuron to fire it releases saratonin into the synaptic gap. Then it travels while diffusing over the postsynaptic neuron, where it then takes hold to a specific receptor; which then makes the postsynaptic neuron fire. The saratonin is taken back by the presynaptic neuron, and that is called saratonin reuptake. Now when narcotics enter the system (depending on which one it is) changes the levels of saratonin. Changing saratonin levels can cause many mental illnesses like depression, anxiety, mood swings, and OCD (March 57)

That is how narcotics can mess up someone's life. They help many people deal with their problems and life in general. People tend to think about subjects in a certain light, mostly on how that subject is projected in the media. People are very impressionable. If you ask a young boy what he wants to be when he grows up, doesn't he normally say I want to be just like my____(hero)_____ when I grow up. They normally want to be just like their hero. So if little boys and girls can say who left an impression, a good one, on them, why can't everyone else? If narcotics have done some kind of good for someone shouldn't they accept it and tell everyone that there is a place for narcotics in the civilized world that is not just for druggies, they are for everyday people. It is a fact that narcotics are one of the most widely recognized substances that are abused, yet not many people agree that they can do good when prescribed; they just believe in addiction.

People have eaten poppy seed muffins or had a poppy seed dressing on their salads for a long time. People who have done that have exposed themselves to pure opium. In small doses opium is fine and won't do anything major to harm the body or mess with any medications. Unfortunately, if someone had just eaten something with poppy seeds in it they would fail a drug test. It doesn't take much to fail a drug test. Even if they had only one bite, as soon as the body starts digesting the seeds the opium runs through the body. Opium, which is under the category of opiates, hence the name, are included in the category of narcotics. They are included in this category because narcotics are made from or partially made from opiates. If they are partially made from opiates, they are called synthetics. Synthetic narcotics started being developed because the pure drugs were in demand and dealers were in great need of more drugs. So they, the dealers, decided to mix chemicals with pure opiates to create less expensive drugs and make twice as many in one batch than pure alone. Most of the time, well back in the olden days, to get high was as easy as scraping a poppy plant and waiting for the ooze that came out to dry. When it dried all they had to do was scrape it off and ingest it. Now this is stupid because opiates are very dangerous as all drugs are, but too much, lots of emphases on too much, pure opium can kill someone. Too much of anything can do harm to someone's body. Too much drugs especially narcotics can kill. All drugs, illegal or prescription, can be very dangerous. It's hard to tell how much of anything new someone's body can handle. May it be more or less than the prescribed amount, if it was even prescribed to them. Side effects of any medication can be dangerous. The side effects for narcotics are drowsiness, inability to concentrate, apathy, lessened physical desire to exercise, small pupils, blood vessel dilation, hot flashes with flushing, constipation, nausea, and vomiting, and respiratory depression. Now in chronic use someone can get things such as skin, lung, or brain abscesses, endocarditis (which is the inflammation of the lining of the heart), hepatitis, and AIDS. When someone overdoses these are the symptoms they would be having: pinpoint pupils, cold and clammy skin, confusion, convulsions, severe drowsiness, and respiratory depression. Respiratory depression causes the most deaths out of all the other symptoms. Respiratory depression is a very dangerous condition, which can be life threatening if not under control. It is where your respiratory system slows down and it becomes harder and harder to breathe until you suffocate and die of asphyxia (emecine). The uses for narcotics can be difficult to understand. Most commonly and traditionally narcotics are used for lessening pain. In all actuality they do not lessen pain, just lessen the body's awareness of pain being present. The most commonly known pain narcotic is morphine.

(Continued on page 6)



For some people morphine doesn't seem to lessen the pain, so the next common pain narcotic is percocet. Now sometimes medications will have side effects that end up treating a disease, and that's when doctors will use narcotics under the category of benzodiazepines, which are actually anti-seizure medications, to treat diseases like OCD. Not only do they help treat diseases, they also can induce sleep and reduce anxiety by calming the adrenal glands and also relaxing the spinal cords. For some strange reason the side effects of those medications in that category, treat the diseases with good and bad outcomes. Some do very well with the new drug, while others brain's just don't seem to respond to it as well.

Next there is the matter of how people get such medications with out any one noticing before it is too late. There are always going to be dealers in every area of the world, but this story about a teenage boy just shows how easy it is to get major narcotics without anyone being suspicious. The website Ryan's Cause is all about a mother's dedication to make her son's death not be for nothing or be in to be in vain. His name was Ryan Haight; he was 18 years old when he died of an overdose of the narcotic back in February of 2001. Where could a teenager get a hold of this kind of medication? Well not only are there drug dealers out on the street, but doctors online that are there for people who have problems and don't have insurance to pay for medications. Ryan was 17 when he contacted the "doctors" at that website. He complained about a problem that could specifically be treated by a narcotic. He paid them and an internet pharmacy delivered them to him. When he received them he started taking them at the recommended dose, until he found out how good they made him feel. Slowly but surely his grades started dropping, and for him, a straight A student that was odd. Ryan was a varsity swimmer and a varsity tennis player; he was very reliable to all his friends, family, and especially his high school sweetheart, Kim. In the end Ryan overdosed on narcotics he had received from the internet doctors and the internet pharmacy on February 12, 2001. His family is trying to use his death as a teaching tool to reach teenagers so they don't do what Ryan did. Many teenagers and adults alike have done the same thing that Ryan had done. His family and friends are trying to prevent that from happening to other families. With all the abilities of the internet, being safe and careful is not one of its strong points. Yes, drug dealers are everywhere and now one place people think is safe because its in the privacy of their own home, the computer is showing that drugs, and anything bad are easily accessible for everyone. Ryan's Cause is a website that benefits everyone who visits. It finally shows people that no one is invincible and drugs only hurt they cannot help. Ryan's Cause is a nonprofit organization, helping parents and friends to keep an eye on people they know and love so they don't have to struggle and go through the grief the Hights and friends of the Hights have suffered through.

There is hope for people if they would just take the advice and go for it. Its called Narcotics Anonymous, or NA for short. It is a spin-off of the AA meetings or Alcoholics Anonymous meetings. Some people during the 1940's decided that there was so much drug abuse in their neighborhood area that they wanted to get a narcotics anonymous going, and hopefully it would be as successful as alcoholics anonymous was and is. The meetings are not just for people abusing narcotics, its for anybody abusing or recovering from abusing any drug. Narcotics Anonymous is a place where people can come to get help from others who have been in that situation or are still in that situation. Narcotics Anonymous is just as easy to find a location as Alcoholics Anonymous is. The meeting rooms are meant to be a comfortable to make sure whatever people say they don't feel weird or feel as if they could be betrayed. If there is ever someone who needs to get help the meeting places of Narcotics Anonymous is not the first place to go when in an emergency. In May of 1986 athletes Len Bias and Don Rogers died because of narcotic abuse. Maybe if someone had brought them to a Narcotics Anonymous meeting, they would still be alive.

There is too much that goes on in this world and, for people to be doing drugs and ruining their lives, is missing out on everything that goes by. Narcotics are what they are a medication that is easily abused because it can be addictive in large doses. If there is ever someone who is in serious trouble and needs help immediately, don't let them hurt themselves any further. Be responsible and call a responsible person or even 911. Narcotics are one of the most commonly abused substances; still there is hope for the world on this matter because of the knowledge and willingness of educated people.

Hello DANWA,

By the time you read this we will have had a camp-out at Wes Watkins Lake just east of the city. If everything worked right we will have done some wilderness survival work.

In May we will be in the DC parade, Memorial Day ceremony at the 45 Inf. Div. and in June we will be selling food at Eagle Lake for the model boat racing the weekend of June 21. All is set for us to go to summer camp and the scouts are pumped about it. If you have a scout age boy and he wants to have some fun and learn some outdoors stuff we still have room for 1- 2 boys to join the troop.

We need your aluminum cans. Each bag helps send a scout to summer camp. If you have some call me at 672-0633 and I will pick them up or just drop them off at my home.

John, Scoutmaster troop 60





From the Desk of the Patrol Captain

Hello Friends and Neighbors,

Here we are in May again already and nearing the end of the school year. As we go through the next few weeks start thinking about the increase of young children we will have on our neighborhood streets shortly. I frequently see cars float our 4 way stops within the neighborhood and occasionally see those that far exceed the meaning of "floating". I don't like to think of what could happen if one of those individuals reached the intersection at the same time as one of our children who for lack of experience or proper training sometimes seem to think the stop signs don't apply to bicycles on a sunny summer afternoon. Please drive with care and keep an eye out for our children who are far less attuned to the potentials of hazard so close to home.

Of course with school out we will also be entering that time of year when we all like to travel. Two things you should always do if you are going to be gone for more than a day are stop or have someone pick up your mail and your newspapers. Newspapers lying around the drive and yard are a huge red flag for potential thieves. Mail left unattended can also be an easy target for those that may be less than honorable. Both the Oklahoman and the Postal Service make stopping and restarting your service easy with either a call or through there web sites. You can schedule both for stop and restart by visiting www.oklahoman.com and www.usps.com.

Also if you are a DANWA member you can give me a call or go to our web site (www.danwa.org) and complete the vacation notice form to put your home on our vacation watch list. If you elect to call and I am unable to answer please be sure to include all of the following information in your message:

Members name.

Address

Emergency phone number where you can be reached while away.

Date leaving.

Date returning.

Vehicles that will be remaining at home.

If you have friends or relatives that will be remaining in the area and stopping by to check things for you be sure to include that information so we don't alert needlessly.

Please be safe and enjoy your summer. And above all thank you for all you do to help make our neighborhood a great place to live.

Rex Warlick, Patrol Captain, 249-5927, rexwarlick@cox.net

Neighborhood Watch Association

DANWA Short membership application form

P.O. Box 55558

Del City, OK 73155

Membership to DANWA is 1 March to 28 February the following year and dues are (\$12.00). If joining through the year, dues are prorated as follows: Apr-\$11, May-\$10, Jun-\$9, Jul-\$8, Aug-\$7, Sep-\$6, Oct-\$5, Nov-\$4 Dec-\$3, Jan-\$2, Feb-\$1. Provide the following information along with membership dues to the above address.

Address: _____

Last Name: _____ First Name _____ Cell Phone: _____

Home Phone: _____ Work Phone: _____ Safe Room: _____ Storm Celler: _____

Spouse/Other Name: _____ Cell Phone: _____

Names of Children in Home: _____

Emergency Contact Name: _____ Phone: _____

This registration is for the sole possession of the Del Aire Neighborhood Watch Association (DANWA) and is protected from any unauthorized disclosure other than to local law enforcement officials, the officers and patrollers of DANWA and is for **official use only**.



THE CITY OF DEL CITY

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ARMED FORCES DAY AND SHRINERS PARADE

Oklahoma! Mark your calendars for **May 10th** as the City of Del City presents its **23rd Annual Armed Forces Day and Shriners Parade**. The parade, beginning at **10:00 a.m.**, is celebrated as one of the largest in the State of Oklahoma. The parade's patriotic theme allows you to come out and show your support for the men and women serving our country in the military services. The parade route begins at Sunnylane, North of I-40 and proceeds South on Sunnylane to SE 29th, moving East to Linda.

The parade participants include but not limited to: Fort

Sill's Half Section, an authentic representation of a horse-drawn artillery section used during World War I. Representatives from all branches of the service, national, state, and local dignitaries and much more.

An award ceremony in recognition of parade participants will take place at 12:30 in the Williams parking lot located on the corner of SE 29th and Sunnylane. **Please join us Saturday, May 10th, 10:00 a.m. for A Day To Remember.**

SOONER RD MEMORIAL DEDICATION WILL FOLLOW THE PARADE

We will give tribute to the Del City families and their love ones who lost their lives in the May 3rd 1999, tornado. An unveiling of the monument will take place at 2:00 p.m. on the corner of Del Aire and Sooner Rd. **(Monument Pictured Below)**

All are welcome.



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EVENTS